Practical Behavior Analysis

Frequency Data Sheet

Date (e.g.4/1/18)	Behavior 1	Behavior 2	Behavior 3	Behavior 4	Behavior 5	Behavior 6

Behaviors and definitions

1

2

3

4

5

6

Directions: In each column, specify a behavior (e.g. Tantrum, Physical Aggression, Self-Injurious Behavior). Tally (///) each instance of the target behavior in the space provided on the day that the behavior occurred.